



Ford F150 1" rear lift kit instructions



1. Chock the front wheels and jack up the rear of the vehicle. Support the frame of the vehicle with jack stands. Remove the rear tires and wheels.
2. Support the center of the rear axle with a floor jack and remove lower shock bolts.
3. Making sure the center of the rear axle is balanced on the floor jack, remove the factory U-bolts on both sides of the truck. If you have two floor jacks you can use one on each side and lower the rear axle evenly.
3. You can then lower the rear axle far enough to insert the new rear block making sure the alignment pin is properly seated.
4. Install the supplied u-bolts and hardware and secure to the correct factory torque specs.
5. Install rear shock back into the stock location.

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